



CME for 12.4

1. Which of following statement about nutrition and critical ill patient in medical intensive unit is true?
 - (A) High percentage of medical intensive care elderly patients were in high nutritional risk
 - (B) Critical elderly patients who could achieve 80% enteral nutrition calorie prescription could lower ICU and hospital mortality
 - (C) Critical elderly patients who achieved 80% protein prescription could lower hospital mortality.
 - (D) For patients at high nutritional risk, early enteral feeding and aggressive nutritional intervention may lower the probability of 28-day mortality
 - (E) All of the above
2. Which of the following is most related to severe frail and decrease BMI?
 - (A) Low protein intake
 - (B) Low carbohydrate intake
 - (C) Low Lipid intake
 - (D) Low plasma essential amino acid
 - (E) Low plasma non-essential amino acid
3. Which of the following statement in the muscle strength and drinking is NOT true?
 - (A) Handgrip strength decrease by increasing age in both men and women
 - (B) Alcohol consumption is an important factor for health problem, such as liver disease and hypertension.
 - (C) Muscle weakness is an independent risk factor for high mortality in older adults
 - (D) Appropriate alcohol consumption may decrease handgrip strength
 - (E) Mild alcohol consumption may decrease insulin resistance and cardiovascular disease
4. Which of the following is NOT the character of sleep in vascular depression?
 - (A) Sleep related breathing disorder
 - (B) REM sleep disinhibition
 - (C) Daytime sleepiness.
 - (D) Disorders of 24 hours sleep structure
 - (E) None of the above
5. Which of the following statement about post-stroke spasticity is true?
 - (A) Spasticity is a common condition in stroke survivors, and may be associated with pain and joint contracture,
 - (B) Wissel et al observed that spasticity developed most often in elbow, following are wrist , ankle, and shoulder
 - (C) It may be caused by disruption of the balance of supra-spinal inhibitory and excitatory sensory inputs directed to the spinal cord
 - (D) The treatment options include physical therapy, modality and pharmacological treatments, neurolysis with phenol and botulinum toxin, and surgical treatment.
 - (E) All of the above

Volume 12 Issue 3 Answers:

1. (E)
2. (E)
3. (A)
4. (D)
5. (A)